



**Like the Apostles in the Upper Room, we can daily join ourselves in prayer with Mary our Mother.**

# DAILY REFLECTIONS WITH MARY

**Thirty-One Prayerful Marian Reflections  
And Many Popular Marian Prayers**

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*Illustrated*



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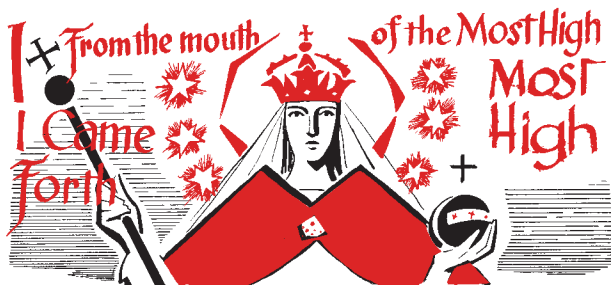
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*Mary prays for us before God's throne.*

## 1st Day

### Our Intercessor with God

**M**ARY prays that Jesus will change our weak hearts and make them strong and loving, just as at Cana He changed the water into wine. Our hearts so often are as weak as water and they must be changed into the wine of unselfish love. But we cannot do this alone.

Mary knows this best of all, and so she begs her Son to assist us. This is her prayer, for she knows that Jesus can make our hearts brave, as He did the cowardly hearts of the Apostles through sending the Holy Spirit on Pentecost.

Comfortable Christians, of course, do not want to change. They have been lulled into complacency. They spend too much time in their overstuffed chairs watching TV. Mary's prayers are our hope.

She will help us be true Christ-followers, people who, like Christ, aid others. A Christian unwilling to make sacrifices for others is not really a Christian at all. A Christian is to imitate Christ. Christ gave His life for others.

There are all around us timid, fearful, cold souls, afraid to love. Jesus taught us how to love. We must teach others. Like Jesus we must have open hearts. Like our dear Blessed Mother, we must show love in our lives. That is the best way to teach, by example.

### Prayer

**D**EAREST Mary, loving Mother of God, help of Christians, Gate of Heaven, assist us. You are the most blessed of all creatures and the most loved by Jesus. You are our Mother also and we your children are devoted to you.

Mother, as Jesus loved you, help us to love you. We are most grateful that Jesus generously gave you to us to be our Mother, our helper, our protector. Please take care of us and our families and our loved ones and all who are in need. Amen.

*The Lord begot me the first born of His ways*



*God chose Mary and filled her with grace and glory.*

## 14th Day

### Our Model and Helper

**T**HE Blessed Mother is our beautiful model. She shows us how to live. At the Annunciation she said to God, “I will,” and because of this God was once more admitted into the world among His children. We are grateful for her unselfish and gracious goodness in making it possible for Jesus to come to us.

Cardinal Newman wrote, “She is not like earthly beauty, but the morning star, bright and musical, breathing purity, infusing peace. We in the dark night, wandering in the bleak wilderness, implore God to guide us to her Son and home.”

Not only is Mary our model but she is our most willing helper. Cardinal Newman said, “God gave us Mary for a support in our weakness. She is the Mother of all the living, hope