

ST. JOSEPH DAILY PRAYER BOOK

PRAYERS, READINGS, AND DEVOTIONS
FOR THE YEAR

Including Morning and Evening Prayer
from the "Liturgy of the Hours"

(1st Week—Slightly Abridged)



CATHOLIC BOOK PUBLISHING CORP.
New Jersey

CONTENTS

Introduction	7
Most Used Prayers	11
Angelus	11
Queen of Heaven.....	12
Blessing before Meals.....	12
Grace after Meals.....	12
Invocations.....	13
Morning and Evening Prayers (Psalter	
Week I).....	15
Sunday Evening I.....	15
Sunday Morning	23
Sunday Evening II.....	31
Monday Morning	39
Monday Evening	47
Tuesday Morning.....	55
Tuesday Evening.....	64
Wednesday Morning	71
Wednesday Evening.....	79
Thursday Morning	87
Thursday Evening.....	95
Friday Morning	104
Friday Evening	112
Saturday Morning.....	120
Common Prayers.....	126
Invitatory Psalm.....	126
Alternative Invitatory Psalms.....	128
Canticle of Zechariah (Music)	131
Canticle of Mary (Music).....	132
Dismissal.....	133
Helps for Prayer	135

Readings, Prayers, and Devotions	
on the Mysteries of Christ	139
Advent	139
Christmas Time	143
Lent	151
Stations of the Cross	153
Holy Week	165
Easter Time	170
Ascension	174
Pentecost	177
Most Holy Trinity	180
Readings, Prayers, and Devotions in Honor	
of the Holy Eucharist.....	183
Benediction of the Blessed Sacrament	187
Visit to the Blessed Sacrament.....	190
The Morning Offering	191
Readings and Prayers in Honor of Mary,	
the Mother of God.....	193
In Praise of Mary, Mother of God	193
Prayers to Our Lady	194
The Rosary.....	198
Prayer Service in Honor of Our Mother	
of Perpetual Help	206
Readings and Prayers from the Saints	
and Spiritual Writers.....	211
Readings.....	211
Prayers	235
Penitential Services	245
Dates of Retreats.....	255

Antiphon

My spirit rejoices in God my Savior.

Canticle of Mary

The soul rejoices in the Lord

MY SOUL proclaims the greatness of the Lord,
my spirit rejoices in God my Savior
for he has looked with favor on his lowly servant.
From this day all generations will call me blessed:
the Almighty has done great things for me,
and holy is his Name.

He has mercy on those who fear him
in every generation.

He has shown the strength of his arm,
he has scattered the proud in their conceit.

He has cast down the mighty from their thrones,
and has lifted up the lowly.

He has filled the hungry with good things
and the rich he has sent away empty.

He has come to the help of his servant Israel
for he has remembered his promise of mercy,
the promise he made to our fathers,
to Abraham and his children for ever.

Glory to the Father, and to the Son, and to the
Holy Spirit:
as it was in the beginning, is now, and will be for
ever. Amen.

(For music, turn to p. 132)

Antiphon

The might - y Lord is with us, the God of
Ja - cob is our strong-hold.

Psalm 46

God our refuge and strength

He shall be called Emmanuel, which means: God with us (Matthew 1:23).

GOD is for us a refuge and strength,
 a helper close at hand, in time of distress:
 so we shall not fear though the earth should
 rock,
 though the mountains fall into the depths of
 the sea,
 even though its waters rage and foam,
 even though the mountains be shaken by its
 waves.

The Lord of hosts is with us:
 the God of Jacob is our stronghold.

The waters of a river give joy to God's city,
 the holy place where the Most High dwells.
 God is within, it cannot be shaken;
 God will help it at the dawning of the day.
 Nations are in tumult, kingdoms are shaken:
 he lifts his voice, the earth shrinks away.



LENT

Mark 1:12-15

THE Spirit immediately drove him out into the desert. He remained there for forty days, during which time he was tempted by Satan. He lived there among the wild beasts, while the angels ministered to him.

After John had been arrested, Jesus came to Galilee proclaiming the gospel of God, and saying, "The time of fulfillment has arrived, and the kingdom of God is close at hand. Repent, and believe in the gospel."

**In Christ we suffered temptation,
and in him we overcame the devil**

Augustine: Commentary on the Psalms

OUR pilgrimage on earth cannot be exempt from trial. We progress by means of trial. No one knows himself except through trial, or receives a crown except after victory, or strives except against an enemy or temptations.

The one who cries from the ends of the earth is in anguish, but is not left on his own. Christ chose to

the dead are raised to life, and kings rule by the power of the holy Trinity.

Who can put Mary's high honor into words? She is both mother and virgin. I am overwhelmed by the wonder of this miracle.

PRAYERS TO OUR LADY

The Memorare

REMEMBER, O most gracious Virgin Mary, that never was it known that anyone who fled to your protection, implored your help, or sought your intercession, was left unaided. Inspired by this confidence, I fly unto you, O Virgin of virgins, my Mother. To you do I come; before you I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in your mercy, hear and answer me. Amen.

Hail Holy Queen

HAIL, holy Queen, mother of mercy, our life, our sweetness and our hope. To you do we cry, poor banished children of Eve. To you do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, your eyes of mercy towards us; and after this our exile show unto us the blessed fruit of your womb, Jesus. O clement, O loving, O sweet Virgin Mary.

We Fly to Your Patronage (*Sub tuum praesidium*)

WE FLY to your patronage, O holy Mother of God; despise not our petition in our necessities, but deliver us always from all dangers, O glorious and blessed Virgin.

Prayer for Generosity

St. Ignatius

LORD, teach me to be generous.
Teach me to serve you as you deserve.
To give and not to count the cost.
To fight and not to heed the wounds.
To toil and not to seek for rest.
To labor and not ask for reward,
Save that of knowing I am doing your will.

Prayer to Jesus Crucified

St. Francis Xavier

O GOD, thou art the object of my love, not for the hope of endless joys above, nor for the fear of endless pain below which those who love thee not must undergo.

For me and such as me, thou once didst bear the shameful cross, the nails, the spear. A thorny crown transpierced thy sacred brow. What bloody sweat from every member flowed. Such then was—and is—thy love for me. Such is—and shall be still—my love for thee.

Prayer of Cardinal Newman

LORD Jesus, help me to spread your fragrance everywhere I go. Flood my soul with your spirit and life. Penetrate and possess my whole being so utterly that my life may only be a radiance of you. Shine through me and be so in me that every soul I come in contact with may feel your presence and your spirit.

Let them look up and see only Jesus. Stay with me and I shall shine as you shine, so as to be a